

## Reminder - No Offsides in ANY division during Spring

**6U-** Play 6v6 no goalie, with 1 girl on the field at all times. Subs at quarters only. 8 Min quarters. Size 3 ball.

**8U-** Play 7v7, with 1 girl on the field at all times. Subs at quarters only. 10 Min quarters. Size 3 ball

**10U-** Small sided game. 7v7, with 1 girl on the field at all times. 12 min. quarters. Size 4 ball.

**Goalies cannot** punt or throw the ball past midfield. They can however bounce the ball first to **kick** the ball past midfield. Goalies can use their hands anywhere within the 18 yard line box.

**Goal kicks** will be taken on the 6 yard line as usual. Goal kicks **cannot** cross midfield in the air. However it does not need to cross the 18 yard line. You can pass within the 18 yard line without an opponent inside the box. Once touch by a player inside the 18 yard line, ball is live.

**Corner Kicks** will be taken on the corner of the 18 yard line, the ball **cannot** go directly inside the 18 yard line box.

**Throw in** will be **never be allowed** past the 18 yard line. If a ball goes out of bounds inside the 18 yard line, the ball will come out to the 18 yard line for a throw in. The team throwing the ball in **cannot** directly throw the ball in the air into the 18 yard line box.

**Free kicks-** All free kicks on the field outside the 18 yard line will be **indirect**. If a foul is inside the box it will result in a PK if the foul calls for that. If the foul is an indirect, the ball will be placed on the 18 yard line.

**12U-** Small sided game. 7v7. with 1 girl on the field at all times. 12 min. quarters. Size 4 ball.

**14U-** Small sided game. 6v6. with 1 girl on the field at all times. 12 min. quarters. Size 5 ball.

**18U-** Small sided game. 6v6. with 1 girl on the field at all times. 12 min. quarters. Size 5 ball.

### Small sided games rules.

**Goalies-** They can use their hands anywhere within the 18 yard line box. Cannot punt or throw the ball directly past midfield.

**Goal kicks-** Cannot cross midfield directly.

**Throw ins-** Cannot go directly in the air inside any 18 yard line box.

All other rules of soccer apply.

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